

# **PRESENCE**

## Overcome the Fear

## **The Big Three**

**Know your subject** - The audience wants YOU to win; You were chosen.

**Prepare for questions** - Think of the tough questions you could get to remove the unknown.

**Rehearse your delivery** - Don't just practice, rehearse with no stops.

# Remove Distractions - 3 V's

### **Communication Channels**

**Verbal** - Use a <u>pause/silence</u> to remove filler words like "um," "uh," and "so."

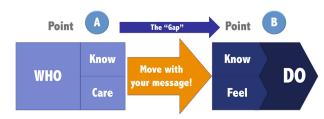
**Vocal** - Use your vocal tools to make your message engaging: inflection, volume, clarity, pauses, and pace.

**Visual** - Don't let your words say one thing and your body another. Match your face, body stance, and hands to your message.

# **MESSAGE**

# Prepare

Think about what is your Purpose (Point B) and who is your Audience (Point A).



# Develop

Create a powerful opening and captivating

# Open

Credibility
Attention
Body
Audience

#### Close

Memorable Action Summary

## **Body**

Use the Rule of 3 to create an easy to follow and remember body.

Buckets	Process
Opening	Opening
Bucket #1	Step 1
Bucket #2	Step 2
Bucket #3	Step 3
Closing	Closing

# **DELIVERY**

### **Handle Questions**

# **Prepare for questions**

Use the basic question starters: WHO, WHAT, WHEN, WHERE, WHY, & HOW



### **Response Process:**

Acknowledge - "Thank you..."

Repeat - For clarity/understanding

Respond - Use the Rule of 3

## Visual Aids

#### REMEMBER!

Your visual aids or slide decks support your message, not the other way around.

#### **Create:**

Keep it **SIMPLE** - Only use the information you NEED, not EVERYTHING you have.

#### Use:

- Avoid leaving slides "on" "B" for blackout
- Stand to the left speaker to visual flow
- Use a clicker Don't be glued to one spot



# **PRESENCE**

# Overcome the Fear



Russ Peterson Jr. walks you through several steps to help you control any fear or anxiety you may have before you speak in public.

# Remove Distractions - 3 V's

#### Verbal and Vocal



Cynthia Oelkers explains how to use your words and voice to ensure your audience knows what you really mean with what you said.

#### **Visual**



Cynthia Oelkers demonstrates how to use your body language to be confident, approachable, and align your body to your message.

# **MESSAGE**

# Prepare





#### **Purpose**

**Audience** 

Russ Peterson Jr. guides you through the importance and how to create a clear purpose and audience connection before you begin writing your message.

# Develop







**CABA** 

Body

MAS

Kevin Karschnik and Bill Kreiger explain how to craft a powerful message using our models to open, close, and structure the body using our models.

They also give a few examples.

# **DELIVERY**

# **Handle Questions**



Bill Kreiger discusses the how to navigate a successfully handle questions as they come up during or at the end of your presentation.

## Visual Aids



Kevin Karschnik shares some simple techniques for improving your presentation slides to be more attractive to your audience.